



# Cowlitz County Health & Demographics

## County population

Cowlitz County is home to **104,280** residents. This has increased 2% over the past 5 years, which is lower than Washington State. Castle Rock and Kalama have seen the most growth, at 10% and 7%, respectively.

Population of the county's five incorporated cities:

Castle Rock .....	2,175
Kalama .....	2,500
Kelso .....	11,950
Longview .....	37,130
Woodland (part) .....	5,760

## Age

Less than 5 years .....	6,273
5 to 17 .....	17,679
18 to 24 .....	8,367
25 to 64 .....	52,618
65 or older .....	17,135

## Race & ethnicity

White .....	85.8%
Hispanic .....	7.8%
Asian .....	1.4%
Native American .....	1.3%
Black .....	0.6%
Native Hawaiian/ Pacific Islander .....	0.2%

**Speak a language other than English at home..... 7%**  
This is lower than state rate of 19%.

## Socioeconomic status

**Adults with 4 year degree or higher ..... 16%**  
This is lower than state rate of 32%.

**Median household income..... \$46,571**  
This is lower than state figure of \$60,294.

**Residents below the poverty level ..... 18%**  
This is higher than the state rate of 14%.

The poverty level depends on household size and is \$24,230 for a family of four.

## Adult health

**Lifetime asthma..... 20%**  
This is higher than state rate of 15%.

**Current asthma..... 13%**  
This is similar to the state.

**Overweight/obese..... 70%**  
This is higher than state rate of 62%.

**Obese ..... 35%**  
This is higher than state rate of 27%.

**Current smoker..... 24%**  
This is higher than state rate of 17%.

## Youth health (10<sup>th</sup> graders)

**Obese ..... 15%**  
This is similar to the state.

**Current smoker..... 9%**  
This is similar to the state.

## *Data sources & notes*

### County Population

Washington Office of Financial Management. April 1, 2015 Population of Cities, Towns, and Counties Used for Allocation of Selected State Revenues. Retrieved January 2016 from [www.ofm.wa.gov/pop/april1/](http://www.ofm.wa.gov/pop/april1/).

### Age

U.S. Census Bureau. American Community Survey, 2014 (5-year Estimates). Sex by Age (Table B01001). Retrieved January 2016 from <http://factfinder.census.gov>.

Note: The sum of the figures for individual age groups will not match the county population total as they are from different data sources.

### Race & ethnicity

U.S. Census Bureau. American Community Survey, 2014 (5-year Estimates). Data Profiles for Cowlitz County, WA. Selected Social Characteristics (Table DP02). Retrieved January 2016 from <http://factfinder.census.gov>.

U.S. Census Bureau. 2010 Census. Profile of General Population and Housing Characteristics: 2010 (Table DP-1). Retrieved January 2016 from <http://factfinder.census.gov>

Note: Race groups exclude Hispanic ethnicity; all residents who identify as Hispanic are included in "Hispanic", regardless of race.

### Socioeconomic status

U.S. Census Bureau. American Community Survey, 2014 (5-year Estimates). Data Profiles for Cowlitz County, WA. Selected Social Characteristics (Table DP02). Retrieved January 2016 from <http://factfinder.census.gov>.

Note: Adult educational attainment is for adults aged 25 or older.

U.S. Census Bureau. American Community Survey, 2014 (5-year Estimates). Data Profiles for Cowlitz County, WA. Selected Economic Characteristics (Table DP03). Retrieved January 2016 from <http://factfinder.census.gov>.

U.S. Census Bureau, Poverty Thresholds, 2014. Poverty Thresholds by Size of Family and Number of Children. Retrieved January 2016 from <http://www.census.gov/hhes/www/poverty/data/threshld/index.html>.

### Adult health

Washington State Department of Health, Center for Health Statistics, Behavioral Risk Factor Surveillance System, supported in part by Centers for Disease Control and Prevention, Cooperative Agreement U58/SO000047-1 through 3 (2011-2013).

Adult Asthma in Cowlitz County. Cowlitz County Health Department, 2015.

Cowlitz County Health Department, 2016.

Cowlitz County BRFSS Results, part 1. Cowlitz County Health Department, 2015.

### Youth health

Healthy Youth Survey 2014 Report of Results: Statewide Results. April 23, 2015. Looking Glass Analytics, Olympia, WA.

Healthy Youth Survey 2014 Report of Participating Schools: Cowlitz County. April 23, 2015. Looking Glass Analytics, Olympia, WA.