

# Youth Opioid Use Data Trends and Prevention Strategies

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## Current Use Rates

Washington Opioid use rates in 2016, according to  
Healthy Youth Survey:

1,041 (84%) of Grade 8 students  
926 (71%) of Grade 10 students  
683 (46%) of Grade 12 students

Students who report using  
painkillers to get high at least  
once in the past month

8<sup>th</sup> grade – 1%

10<sup>th</sup> grade – 5%

12<sup>th</sup> grade – 5%

## HYS 2016 Cowlitz County 10<sup>th</sup> grade

### Alcohol use by:

Students who do not report opioid use- 17%

Student who report opioid use – 79%

### Cigarette use by:

Students who do not report opioid use- 5%

Student who report opioid use – 53%

### Marijuana use by:

Students who do not report opioid use- 14%

Student who report opioid use – 77%

### Vaping use by:

Students who do not report opioid use- 11%

Student who report opioid use – 54%

## HYS 2016 Cowlitz County 10<sup>th</sup> grade

### Earned mostly As and Bs:

Students who do not report opioid use- 77%

Student who report opioid use – 33%

### Seriously contemplated suicide:

Students who do not report opioid use- 19%

Student who report opioid use – 55%

### Depression:

Students who do not report opioid use- 33%

Student who report opioid use – 61%

### Made suicide attempt:

Students who do not report opioid use- 8%

Student who report opioid use – 49%

## Science of Prevention -PSE

Policy- school policy, prescribing policy

Systems- support systems for students of concern, school based treatment

Environment- access issues