

**SENIOR SERVICES**

Castle Rock Senior Center.....	274-7502
Catholic Community Services .....	200-5070
Kelso Senior Center .....	232-8522
Longterm Care Ombudsman .....	501-8377
Longview Senior Center.....	636-0210
Meals on Wheels.....	425-3430

**SUPPORT**

Baby Blues Connection .....	800-557-8375
Caring Pregnancy Center.....	636.3333
Children with Special Healthcare Needs.....	414-5599
Child Support Enforcement.....	800-457-6202
Crime Victim Advocacy.....	888-425-1176
Div. Developmental Disabilities.....	501-2520
Family Health Center-MSS.....	636-3892
FISH.....	636-1100
Gabriel Project.....	636-4553
MOPS—Longview Community Church .....	423-6380
MOPS-Kelso Christian Assembly.....	423-8560
Nurse-Family Partnership.....	360-397-8440
Parent Help 123 Family Health Hotline.....	800-322-2588
Parent Trust Help Line.....	800-932-4673
Postpartum Support International .....	800-944-4773

**TRANSPORTATION**

Catholic Community Services.....	577-2000
Cowlitz Tribe.....	232-8585
Gabriel Project.....	636-4553
Greyhound Bus Lines.....	423-5147
Lower Columbia CAP.....	425-3430
Medicaid Transportation .....	800-752-9422
River Cities Transit.....	442-5663
Trip Resource Center.....	360-735-5733

**UTILITIES**

Cascade Natural Gas.....	423-7470
Cowlitz PUD.....	423-2210
Energy Assistance Program.....	425-3430
FISH.....	636-1100
Lower Columbia CAP.....	425-3430
WA Phone Asst. Program.....	888-333-9882

**VETERANS**

American Legion .....	425-3670
Cowlitz Co Veterans Service Cntr.....	200-4611
Veterans of Foreign Wars (VFW) .....	577-6757
Veterans Hospital-Vancouver .....	360-636-4061
Veterans Integration .....	866-255-2799

**COWLITZ COUNTY  
Community Resource List**

<b>Emergency .....</b>	<b>911</b>
<b>Crisis Hotline .....</b>	<b>800-803-8833</b>
<b>Information &amp; Referral .....</b>	<b>211</b>
<b>Poison Center .....</b>	<b>800-222-1222</b>

**ADOPTION**

Boys & Girls Aid .....	877-932-2734
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**ALCOHOL/DRUGS/TOBACCO**

A First Place.....	577-7442
A New Safehaven.....	577-4340
Alcoholic Anonymous.....	423-2520
Alcohol & Drug Help Line.....	866-789-1511
Awakenings.....	423-2806
Columbia Wellness .....	423-0203
Cowlitz Family Health Center .....	425-9600
Cowlitz Tribal Treatment.....	575-3316
Kaiser Permanente .....	636-2400
Parent-Child Assistance Program.....	425-9600
PeaceHealth Behavioral Health.....	414-2236
WA Tobacco Quit Line .....	877-270-STOP
(Spanish) .....	800-2NO-FUME

**BIRTH CONTROL/FAMILY PLANNING SERVICES**

Planned Parenthood .....	888-576-7526
Family Health Center.....	636.3892

**BREASTFEEDING**

La Leche League of Longview .....	430-5004
WIC.....	423-7740
PeaceHealth .....	414-2000
Family Health Hotline .....	800-322-2588,
National Breastfeeding Helpline.....	800-994-9662

**CAR SEAT**

Cowlitz 2 Fire & Rescue-Safe Kids .....	575-6280
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**CHILDBIRTH EDUCATION**

PeaceHealth Medical Group .....	501-3700
Women's Health Pavilion .....	414-2800

**CHILDREN SERVICES**

Children w/Special Healthcare Needs.....	414-5599
Early Head Start or Head Start.....	442-2800
Early Head Start-ECEAP preschool (ESD112). 750-7500 x342	
Nurse-Family Partnership.....	360-397-8440
Parent's Place.....	414-9212
Progress Center.....	425-9810

**CHILD CARE**

Childcare Aware.....	800-446-1114
Working Connections Child Care.....	877-501-2233

**COUNSELING FOR CHILDREN**

Catholic Community Services .....	200-5070
Columbia Wellness .....	423-0203
Core Health.....	200-5419
SeaMar Behavioral Health.....	261-7020

**COUNSELING/MENTAL HEALTH**

Caring Pregnancy Center.....	636-3333
Columbia Wellness .....	423-0203
Core Health.....	200-5419
SeaMar Behavioral Health.....	261-7020

**CRISIS & PROTECTION**

Adult Protective Services .....	501-2500
Bikers Against Child Abuse (BACA).....	524-2615
CPS Child Abuse Reporting (8-4:30) .....	888-713-6115
(After Hours) .....	866-363-4276
Domestic Violence/Sexual Assault Hotline.....	636-8471
Emergency Support Shelter.....	425-1176
Long Term Care Ombudsman.....	360-694-9007
Phoenix House.....	423-1607
WA State Domestic Violence.....	800-562-6025

**DENTAL/VISION**

ABCD Program (Referral for ages 0-5 yrs).....	442-2834
Family Health Center.....	414-1300
FISH.....	636-1100
Lion's Club.....	577-1830

**DISABILITIES**

Another Option-Residential Services/Employment....	423-1509
ARC.....	425-5494
Brain Injury Resource.....	360-991-4928
DDS (DSHS).....	501-2520
Lifeworks.....	577-9093
Progress Center.....	425-9810
Vocational Rehab (DSHS).....	501-2499

**EDUCATION**

Alternative High Schools:	
Loowit (Kelso) .....	501-1951
Discovery High School (Longview).....	575-7986
Team (Woodland).....	360-841-2900

**GED Programs:**

Goodwill .....	501-8340
Sylvan Learning Center.....	577-3939
GRADS – Longview School District.....	575-7148
LCC/CEO.....	441-2691

**EMERGENCY NEEDS**

FISH.....	636-1100
Love Overwhelming.....	749-8056
Lower Columbia CAP .....	425-3430
Salvation Army.....	423-3990

**EMPLOYMENT**

CAP Grounds for Opportunity .....	425-3430
Cowlitz-Wahkiakum Worksource.....	577-2250
Goodwill/Job Connection.....	501-8340
Lower Columbia College.....	442-2311

**ETHNIC AND MINORITY INFORMATION**

Cowlitz Tribe.....	565-8275
Ethnic Support Council.....	636-2791

**FINANCIAL ASSISTANCE**

CAP Financial Independence .....	800-254-4100
Child Support Enforcement.....	800-345-9984
Kelso CSO (DSHS).....	877-501-2233
Social Security and SSI .....	800-772-1213

**FOOD, CLOTHING, FURNISHINGS**

Basic Food Employment & Training (BFET).....	442-2330
BirthRight .....	423-2900
Caring Pregnancy Center.....	636-3333
Castle Rock Lions Food Bank.....	274-8175
Faith Center Church.....	577-0620
FISH.....	636-1100
Goodwill Store .....	425-7520
Highlands Baptist Church.....	425-1960

CCHHS

Rev: 8/16/17

Kalama Helping Hand.....	673-4717
Lower Columbia CAP.....	425-3430
New Life Fellowship Storehouse.....	423-0190
St. Vincent de Paul... ..	577-0662
Salvation Army Thrift Store.....	577-3557
Red Hat Thrift Store .....	578-1733
Toutle Ranch Thrift Shop .....	423-6470
WIC.....	423-7740
Woodland Community Center.....	360-225-9998
7 <sup>th</sup> Day Adventist.....	423-7344

**HEALTH**

Child & Adolescent Clinic .....	577-1771
Cowlitz County Health & Human Services.....	414-5999
Cowlitz Free Medical Clinic.....	442-4165
Cowlitz Tribe.....	575-8275
DSHS.....	501-2233
Family Health Center (Castle Rock).....	274-2353
Family Health Center (Kelso).....	353-5511
Family Health Center (Longview).....	636-3892
Family Health Center (Woodland).....	360-225-3953
FISH.....	636-1100
Nurse-Family Partnership.....	360-397-8440
PeaceHealth Medical Group (St. John).....	414-2385
PeaceHealth Medical Group (Urgent Care).....	747-5800
PeaceHealth Women's Pavilion.....	414-2800
HIV/AIDS Testing and Counseling .....	800-249-2437
Washington Poison Center.....	800-222-1222

**HOUSING**

CAP Housing Programs Assistance.....	425-3430
Community House.....	425-8679
Emergency Support Shelter.....	426-1176
Kalama Housing Authority.....	423-0140
Kelso Housing Authority.....	423-3490
Longview Housing Authority.....	423-0140
Love Overwhelming.....	749-8056
PUD Weatherization.....	501-9514

**INSURANCE**

Cowlitz Free Medical Clinic (IPA).....	442-4165
Family Health Center (IPA).....	636-3892
Healthcare Authority/DSHS .....	800-562-3022
WA Medicaid Apple Health .....	855-923-4633
.....	<a href="http://www.wahealthplanfinder.org">www.wahealthplanfinder.org</a>

**LEGAL**

CASA.....	425-5212
Children's Justice & Advocacy Center.....	353-3933
CLEAR Hotline.....	888-201-1014
Cowlitz-Wahkiakum Legal Aid.....	425-2579
Human Rights Commission.....	800-233-3247
Northwest Justice Projects/CLEAR Legal Adv ...	888-201-1014

**PARENTING SKILLS**

Early Head Start or Head Start.....	442-2800
Nurse-Family Partnership.....	360-397-8440
Parent's Place.....	414-9212