



Cowlitz County Health & Human Services Departments

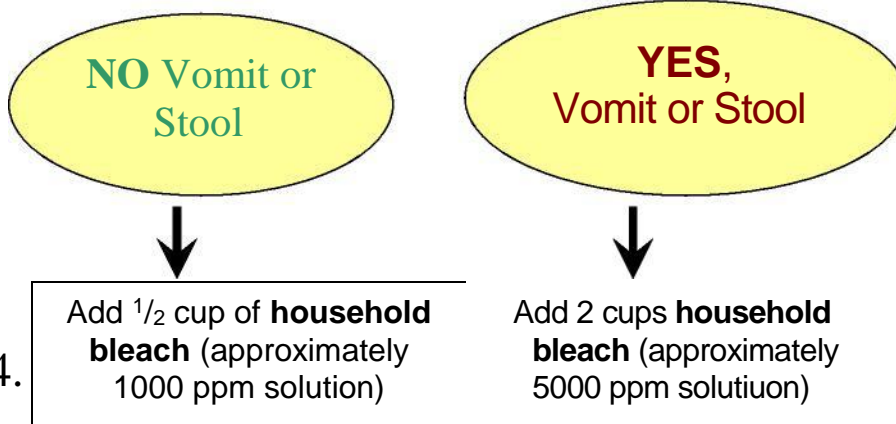
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Board of County Commissioners

Arne Mortensen District 1
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How to Sanitize During a Gastrointestinal Illness Outbreak

1. Put on disposable gloves and goggles (eye protection) and, if cleaning up stool or vomitus, a mask.
2. Fill a clean container with 1 gallon of water.
3. Is there contamination with vomit or stool?



5. Mix water and household bleach in container.
6. Before using household bleach solution, clean up any vomit or stool with disposable towels.
7. Apply household bleach solution to surface area and allow it to air dry.
8. Dispose of soiled paper towels and gloves in a plastic trash bag and place in garbage.
9. Wash hands with soap and water.

